

2011/2012 Season Start Newsletter



The days are getting longer and the season is fast approaching. Roll on summer!!

We look forward to seeing you all on the beach again soon, but in the meantime here is some information on the coming season.

The Club web-site will also be updated regularly with Patrol Rosters, Nipper news and other info. Check out www.nowra-culburra-slsc.org.au

Patrolling

The patrol season will start Saturday 24 September (the first Saturday of the school holidays). This year's Patrol Service Agreement has us patrolling Saturdays and Sundays for the whole of the season, as well as public holidays. This has been pushed on to us by Surf Life Saving New South Wales. We don't believe Saturday patrols are warranted until December and will be looking to have these days removed from the agreement if possible. The patrol roster has been emailed to all patrolling members and is also on the web-site.

Remember, if you can't make your rostered Patrol, please organise a substitute and notify your Patrol Captain.

Gear Inspection this year is Saturday 17th September. On Saturday 11th we'll be getting the gear ready, kicking off at 9.30am with a barbeque lunch provided. Please come and help if you can.

Training

Bronze Medallion and Surf Rescue Certificate - the first Bronze Medallion/Surf Rescue Certificate squad will commence 30th of October with an information session/induction at the club at 10am. Training will be Friday nights 7 – 9pm (theory) and Sunday mornings 11 – 1 (practical). At this stage the exam will be the 11th December.

The second bronze squad will start 29th January, with the exam early March.

For more information about Bronze Medallion or Surf Rescue Certificate contact Gaye Adlington on 0415 582 910 or Cath Glennan on 0422 989 531.

Other courses being run by the branch:

- Sunday 25th September **Branch IRB Workshop** at **Shoalhaven Heads**, start time is 9.00am.
- Saturday 15th October **Apply (Senior) First Aid** at **Kiama Downs** start time is 9.00am.
- Sunday 16th October **Silver Medallion Basic Beach Management** and **Advanced Resuscitation Techniques Certificate** at **Kiama Downs** start 9.00am.
- Sunday 13th November **Silver Medallion Advanced Emergency Care** and **Spinal Management** at **Kiama Downs** start at 9.00am.

If you're interested in doing any of these courses please contact Peter Adlington on 0410 553 955. After you have done your Bronze these courses are paid for by the club, provided you have fulfilled your 25 hours patrolling in the previous season.

Branch IRB Workshop – this is a one-off occasion to bring club trainers and assessors up-to-date on changes following the national review into IRB awareness and training. Clubs **must** send at least one trainer and/or assessor along so that this person can properly train and/or assess other members for future training, assessments and proficiencies.

Nippers

Nippers proficiencies this year are on 8th and 15th October at Bomaderry pool from 10.30 to 12 noon. First Nippers is 16th October at 9.30am. A full Nippers Calendar will be available shortly.

Many of the Age Managers from last year will be continuing with their group, but we still need parents to be Age Managers for some groups. If you're interested please contact Junior Activities Co-ordinator Corinne Wright-Smith on 0408 968 009. More Nipper info will be on the web-site shortly.

Surf Sports

The dates for all the carnivals, including Sydney Water, Branch, Country, State and Nationals are on the calendar below. For more info contact Mark Higgison on 0417 483 046.

Fees

This year the membership fees are \$50 for active members and Nippers, with Social membership \$20. New award membership is \$150.

Club Contacts

President: Roger Mearns 4447 2425
Vice-President: Mitchell Pakes 0432 557 516
Captain: Peter Wright-Smith 0409 287 598
Vice-Captain: Gaye Adlington 0415 582 910
Secretary: Peter Adlington 0410 553 955
Registrar: Nat Brown 0404 269 160
Treasurer: Garry Ashford 0419 607 921
Surf Sports: Mark Higgison 0417 483 046

Golf Day

The annual golf day will be held on Friday 14th October at the Worrigeer Links. This day is a vital part of the club's fundraising, with the proceeds going to lifesaving and Nipper equipment. Played in a three person ambrose format, breakfast and lunch is provided. The cost is \$40 per player, with excellent prizes and a really fun day. All invited – Nippers mums and dads especially. Please come and have a hit if you can – we can put you into team if you haven't got one. (We'd love to see a team entered from each patrol also, as patrol 2 reckon they can beat all comers!). Further details Roger Mearns 4447 2425 or 0432 511 926.

Contact Details

If you haven't been receiving emails and texts it means we don't have your correct email address and mobile number. Emails and SMS are our most important ways of getting messages to you, so please make sure this information is provided on rego day or email it to petera@wmval.com.au.

Important Dates

Event	Location	Date
September 2011		
Gear Inspection Preparation	Nowra-Culburra SLSC	Sat 11 th Sept (9:00 am)
Gear Inspection	Nowra-Culburra SLSC	Sat 17 th Sept
Surf Life Saving Season starts	All Patrolled Beaches	Sat 24 th Sept
October 2011		
Nippers Proficiency Swims	Bomaderry Aquatic Centre	Sat 8th & 15th Oct
Fundraising golf day	Worrigeer Links	Friday 14th Oct
Nippers Start of Season	Nowra-Culburra SLSC	Sun 16th Oct
Sydney Water Series Round 1	Towradgi	Sat 22 nd Oct
NSW Endurance Championships	Ocean Beach SLSC	Sat 29 th Oct
November 2011		
East Coast Festival Series Round 1	Ocean Beach SLSC	Sat 5 th Nov
Nowra-Culburra Senior Proficiency	Nowra-Culburra SLSC	Sun 6 Nov
Sydney Water Series Round 2	Shellharbour	Sat 12 th Nov
East Coast Festival Series Round 2	Dixon Park SLSC	Sun 20 th Nov
Sydney Water Series Round 3	TBA	Sat 26 th Nov
December 2011		
Sydney Water Series Round 4	Warilla SLSC	Sat 3 rd Dec
East Coast Festival Series Round 3	Terrigal SLSC	Sun 4 th Dec
Nowra-Culburra Senior Proficiency	Nowra-Culburra SLSC	Sun 4th Dec
NSW Interbranch SLSA	Red Head SLSC	10-11 Dec
2012	2012	2012
January 2012		
Junior Carnival	Gerringong SLSC	Sat 7 th Jan
Captain Christie Ocean Swim	Gerringong SLSC	Sun 8 th Jan
SLSNSW Country Championships	South West Rocks	Fri 13th -18th Jan
Manly Carnival	Manly	Sat 21 st Jan
February 2012		
South Coast Branch Championships - Open	TBA	Sat 4 th Feb
South Coast Branch Championships - Nipper	TBA	Sun 5 th Feb
March 2012		
NSW Age Championships	Kingscliff, NTH NSW	Fri 2nd- 4th March
NSW State Championships - Open	Kingscliff, NTH NSW	Thurs 8th -11th MAR
NATIONALS	Kurrawa, Gold Coast QLD	Tues 27th - Sun 1-4-12
April 2012		
Tilbury Classic Ocean Swim	Nowra-Culburra SLSC	Easter Sat 7th April
Last patrolling day	Nowra-Culburra SLSC	ANZAC Day 25 th